



BASI

Level 4 ISTD Technical Module

More About the Course

**BRITISH ASSOCIATION  
OF SNOWSPORT INSTRUCTORS**

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## Contents

1.	Obligatory and Recommended Equipment	03
2.	Assessment Criteria	04
3.	Student Appraisal / Rating Scale	05
4.	BASI Report Form	06
5.	Course Programme	07
6.	Customer Care	09

## 1. Obligatory and Recommended Equipment

All students are required to have the appropriate mountain safety equipment listed below. This is essential personal protective equipment and is not provided by BASI.

As a matter of health and safety, each individual is responsible for his/her own safety as well as that of others.

The following is the **obligatory** minimum requirement:

- Transceiver
- Snow shovel
- Avalanche probe
- Basic first aid kit
- Small rucksack to carry all mountain safety equipment

During your course you may be expected to ski off-piste so you must be properly equipped.

Select equipment that is suitable for skiing everything from snowplough turns to fast long turns on piste and variable snow conditions off piste. The course has a focus on high performance

The course has an emphasis on high performance in all strands and it is your responsibility to make sure that you have equipment suitable for the course you are attending.

Further information about equipment can be found in the pre-course information document.

## 2. Assessment Criteria

Throughout each of the five days of the course the Trainer will monitor your participation and performance. They will provide frequent, ongoing information to each student on their strengths, areas for change and how to make these changes. During the course the Trainer and student formulate an ongoing action plan based on the student's participation. The written action plan provided by the Trainer at the end of the course aims to give students an agreed (between the Trainer and student) account of what students need to do to improve their own performance and develop as a ski instructor.

Activity	Assessment Criteria
Piste Long	<ul style="list-style-type: none"> <li>• Perform cleanly carved (unless the task is otherwise) turns on a black or steep red piste.</li> <li>• Influence the radius of the arc whilst still carving.</li> <li>• Use effective posture and balance.</li> </ul>
Piste Short	<ul style="list-style-type: none"> <li>• Perform grippy (at the fall line) symmetrical, short turns, in various corridors on a black piste.</li> <li>• Use effective posture and balance.</li> </ul>
Variable	<ul style="list-style-type: none"> <li>• Perform rounded, linked turns in a variety of conditions on black steepness slope.</li> <li>• Show turns of various radii.</li> <li>• Show a high degree of ski performance.</li> <li>• Use effective posture and balance,</li> </ul>
Steep	<ul style="list-style-type: none"> <li>• Perform a rounded, linked turns on terrain that is at least 30 degrees.</li> <li>• Show turns of various radii.</li> <li>• Show a high degree of ski performance.</li> <li>• Use effective posture and balance.</li> </ul>
Bumps	<ul style="list-style-type: none"> <li>• Ski a fall line descent, at or above the minimum speed on black steepness terrain.</li> <li>• Perform a variety of lines and tactical approaches.</li> <li>• Use effective posture and balance.</li> </ul>

### **3. Rating Scale**

In order to pass the course you will be required to achieve the above criteria, which will result in you receiving a 3 on the rating scale:

- 1. Not at the Level**
- 2. Nearly at the Level**
- 3. At the Level**
- 4. Beyond the Level**

### **Delivery**

Each day will consist of:

- Five hours of on snow training
- Two hours of lectures, discussions, tutorials and video review
- One hour of study

### **Finally**

Read the relevant sections of the BASI Manual. A course workbook will be provided at the start of the course.

As on all BASI courses there is a full programme of training. It is your responsibility to adequately prepare yourself mentally and physically for this programme.

The BASI Trainer delivering the course has a great deal of experience therefore use him / her as a valuable resource throughout the course.

BASI is fundamentally about training. Be open to learning and making changes.

#### 4. BASI Course Report Form

The following is an example of part of the BASI Course Report Form that you receive at the conclusion of the course. The Trainer will complete all parts relating to the Level 4 technical module. In addition there is also a written action plan to help your further development after the course.

This report will be published on-line and available in your member area on the BASI website, usually available within 96hrs of the course end.

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#### BASI Course Report Form

<b>Assessed Activity</b>	<b>Rating</b>			
<b>Technical</b>				
Central Theme	1	2	3	4
Piste Short	1	2	3	4
Piste Short	1	2	3	4
Variable	1	2	3	4
Steep	1	2	3	4
Bumps	1	2	3	4
<b>Teaching</b>				
<b>Understanding</b>				
Understanding the Central Theme	1	2	3	4
Understanding beyond the Central Theme	1	2	3	4
Performance Analysis – The Central Theme	1	2	3	4
Performance Analysis – Beyond the Central Theme	1	2	3	4
Understanding Learning	1	2	3	4
<b>Delivery</b>				
Enjoyment	1	2	3	4
Communication	1	2	3	4
Feedback	1	2	3	4
Achieving the Goals	1	2	3	4
Structure & Content	1	2	3	4
Reviewing	1	2	3	4
<b>Safety</b>				
Principles	1	2	3	4
Equipment/Lifts	1	2	3	4
Mountain Environment	1	2	3	4
<b>Professionalism</b>				
Commitment & Involvement	Poor	Fair	Good	Excellent
Customer Care	Poor	Fair	Good	Excellent
Improvement throughout the course	Poor	Fair	Good	Excellent
Appearance	Poor	Fair	Good	Excellent
Attitude	Poor	Fair	Good	Excellent

## **5. Course Programme**

By the end of the course you will have improved your own performance level and have a greater understanding of the link between the fundamental elements, the four strands beyond Central Theme and the performance threads. You will also be more skilled in performance analysis and at using the components of the fundamental elements as the way to identify strengths and weaknesses in the performance of others.

Before attending this course you must have logged 200 teaching hours. You should also have spent time working on your action plan from the Level 3 course in order to prepare you for success at Level 4. If you are unsure if you are at the right level for this course you should check with a BASI Trainer.

Our aim is to assist you to gain the maximum from the training. Your Trainer will act as your guide and mentor throughout the course. Elements of the course will be challenging and sometimes difficult. Nevertheless, please remember that you have a dedicated team supporting you and your success is our success.

Enjoy your course!

Day	On Snow <i>(programme may change due to weather conditions)</i>	Off Snow
Intro		Trainer and students meet, get to know each other and cover <ul style="list-style-type: none"> <li>• Overview of Outcomes and Assessment Criteria</li> <li>• Course content and Trainer’s role</li> <li>• Preview day 1 including start time &amp; meeting place</li> </ul>
1	<ul style="list-style-type: none"> <li>• Introduction to course, ice breaking &amp; group bonding</li> <li>• Review the Central Theme</li> <li>• Review and explore the Fundamental Elements</li> <li>• Analysing performance and action planning process</li> <li>• Reciprocal practice of performance analysis</li> <li>• Free skiing and orientation</li> </ul>	<ul style="list-style-type: none"> <li>• Review Central Theme</li> <li>• Review Fundamental Elements</li> <li>• Presentation on performance analysis</li> </ul>
2	<ul style="list-style-type: none"> <li>• Beyond Central Theme</li> <li>• Exploration of the link between the FE &amp; the 5 strands</li> <li>• Cover 3 of the 5 strands</li> <li>• Explore development activities</li> <li>• Video session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation on customer care</li> <li>• Analyse video footage</li> <li>• Daily review and individual action planning</li> <li>• Use performance webs to help chart progress and action planning</li> </ul>
3	<ul style="list-style-type: none"> <li>• Beyond Central Theme</li> <li>• Exploration of the link between the FE &amp; the 5 strands</li> <li>• Cover 3 of the 5 strands</li> <li>• Explore development activities</li> <li>• Video session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation on the performance threads</li> <li>• Analyse video footage</li> <li>• Written paper</li> <li>• Daily review and individual action planning</li> <li>• Use performance webs to help chart progress and action planning</li> <li>• Review performance against assessment criteria</li> </ul>
4	<ul style="list-style-type: none"> <li>• Personal performance and the Performance Threads</li> <li>• Video session</li> </ul>	<ul style="list-style-type: none"> <li>• Video review and performance analysis</li> <li>• Daily review and group debrief</li> <li>• Use performance webs to help chart progress and action planning</li> </ul>
5	<ul style="list-style-type: none"> <li>• End of course individual performance</li> <li>• Debrief and result</li> </ul>	<ul style="list-style-type: none"> <li>• Individual debrief</li> <li>• Review of performance webs</li> <li>• Written reports</li> </ul>

## **6. Customer Care**

### **Level 4**

At this level you will have gained a lot of experience right across the board and at some depth. The challenges that you are likely to meet in this situation are ski school supervisor/manager and private client instructor or team coach/Trainer. At this level you are often expected to be all things to all people. You become the model, team leader and exemplar of all things virtuous - a tough act to follow. The role is exciting and challenging. The financial rewards for such customer care and skill may not be as great as in other commercial environments but the personal rewards can be high up on the hierarchy of needs. In this situation your customers are often your staff and how they perform may be as much down to the environment you create and the training you provide as it is to the skills they already possess.

### **BASI's Goal:**

**To Raise Awareness of the Importance of Providing Great Customer Care.**

### **How can you help?**

The primary method is by being a role model both during your training and in the work place.

### **What outcomes are expected of you during your course?**

Customer care as such is not an element of the course that is assessed. However it is a vitally important part of being a good ski instructor. Failure to grasp the importance of customer care will definitely limit your career. Ensure that you take a full involvement in discussion sessions that your Trainer facilitates.

### **What areas should you be aware of at Level 4?**

- Being candid, open and honest
- Taking responsibility
- Making it your goal to create the best possible experience for everyone.
- Customer care issues that arise when you are a supervisor/manager or Trainer.